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# Baptist Herald

A decorative border of watercolor flowers in shades of purple, yellow, and pink, with green foliage, framing the central text.

Abide  
in  
the Lord

JOHN 15:4

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# BAPTIST HERALD

A Quarterly  
Magazine of  
Manipur  
Baptist  
convention



# Baptist Herald

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## TABLE OF CONTENTS

*Editorial note*

04

*Abide in the Lord*

05-07

*The Cross of Christ*

08

*Launch into the deep*

09-11

*Reimagining Christian identity*

12-13

*Understanding Holistic mission*

14-17

*You Are the Man*

18-20

*Bible Study Method 3*

*Thematic Method of Bible*

*Study*

21-24

*Reports*

25-36

*MBC Updates*

37-40

*MBC Associations Updates*

41-43

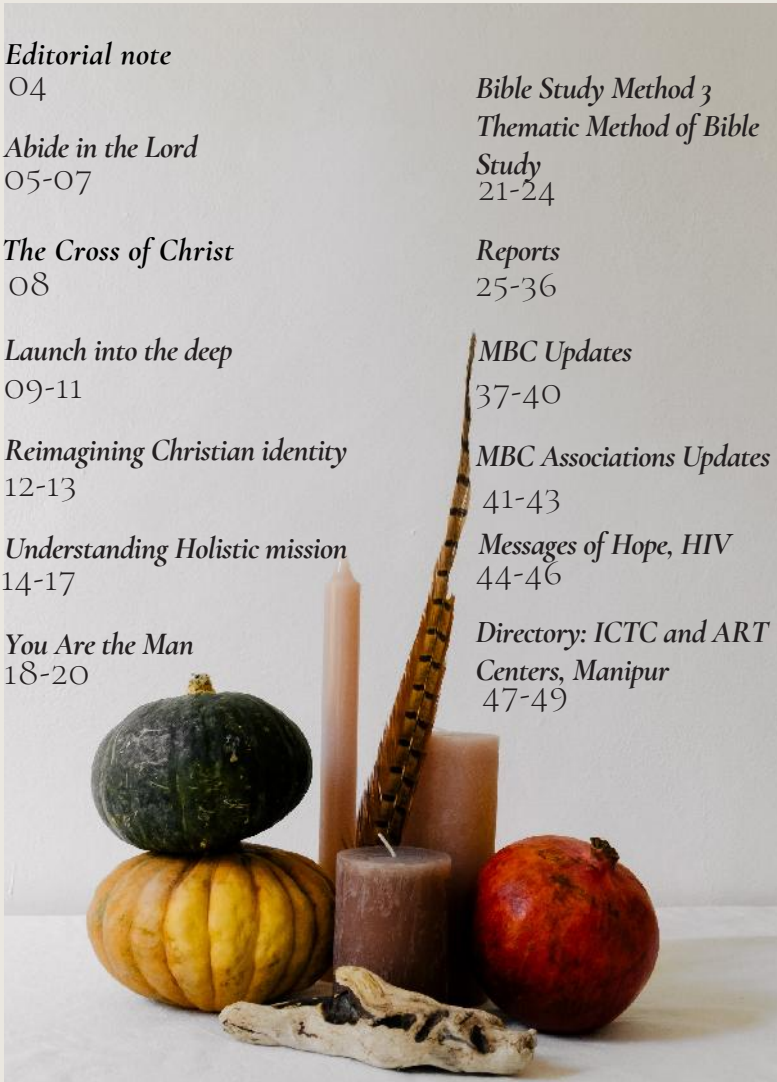
*Messages of Hope, HIV*

44-46

*Directory: ICTC and ART*

*Centers, Manipur*

47-49



# KNOW ABOUT BAPTIST HERALD



Welcome to the latest issue of the Baptist Herald, a Christian quarterly magazine. As we enter a new year, we continue to face a world filled with challenges and uncertainties. However, as people of faith, we are called to remain steadfast in our commitment to justice, compassion, and love.

In this issue, we delve into a variety of topics, including the theme of MBC Abide in the Lord, The Cross of CHRIST, Reimagining Christian identity, we also feature articles on Understanding Holistic mission, You Are the Man, Into the deep, and Bible Study Method 3 Thematic Method of Bible Study

As always, we seek to offer a space for dialogue and discussion, where readers can engage with a diverse range of perspectives and ideas. We believe that the Christian faith has much to offer in our current moment, and that it is our responsibility as Christians to be active participants in the world around us.

We are grateful to our contributors for their thought-provoking articles and to our readers for their continued support. We hope that this issue of the Baptist Herald will inspire and challenge you, and that it will encourage you to deepen your faith and engagement with the world.

## **ABIDE IN THE LORD**

Rev. Raimi Rimai

“Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.” (John 15:4-5)

Jesus frequently employs metaphors and parables to help us understand a variety of aspects of our faith. John 15 gives us a clear illustration of what our relationship with Him should resemble. With us, as the branches, the Father as the gardener, and Jesus as the true vine, He explains how branches cannot produce fruit unless they remain connected to the vine. The gardener burns any branches that do not remain and do not produce fruit. The branches that remain and produce fruit are, however, pruned and cared for in order to produce more fruit.

### **Meaning of “Abide”**

Literally, the word “abide” means to “stay” or “remain.” A person who abides in the Lord is someone who consistently receives and believes the word of God, and trusts that Jesus is all they will ever need. Our faith will always be put to the test as disciples. A test could appear as years of prayer that are consistently met with the response “Not yet,” or it might take the form of being thrown into an unpredictable or chaotic environment. Whatever happens, we need to keep in mind that Jesus is the source of real life and peace. When we abide in Jesus Christ, we remain unwavering as we live in Him, depend on Him, and we are intentional with acts of faith.

### **Live in Christ**

“So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.” (Colossians 2:6-7)

We enter into a union with the Lord when we repent from our sins and commit our lives to Christ. Not only do we want salvation through Him, but we seek for a relationship with Him. The source of our life is in our relationship with Jesus Christ. When we live in Christ, we are letting His word to lead us by following His light: “Your word is a lamp for my feet, a light on my path” (Psalm 119:105). We are following and preaching the gospel to ourselves every day, and also asking ourselves, “How can I serve God faithfully today?” or, “What can I do to be a shining light for His glory?” Through the living Word of God, the Scripture, we learn these truths. Through the gospel, we deepen our relationship with Him and improve our lives with Him, which is exactly why He gave us His word in the first place. We should always make an effort to live in a way that honours Christ and exalts His name.

## **Depend on Christ**

Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God’” (Matthew 4:4).

Just as a branch depends on the vine, we are dependent on Jesus Christ to give us life and to sustain us. His word is living and active, and without it, we are like the dead branch that is thrown away. In John 15, Jesus is very clear about sustaining us through the flow between vine and branch, “If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you ... As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father’s commands and remain in his love” (John 15:7, 9-10).

The only way we can fully live is through abiding by His word. If we do not acknowledge our dependence on Christ, we will never be able to live fruitfully or bring glory to Him. When we recognize this truth, we can be really joyful. “I have told you this so that my joy may be in you and that your joy may be complete” (John 15:11).

## **Being Intentional**

“And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him” (Colossians 3:17)

We can abide in the Lord everyday by making intentional decisions to be faithful to Him. This could be in the form of setting aside time to study the Bible or pray, spending time with the church community, and resisting temptation to commit sin. It is quite easy to get caught up in the challenges of our everyday busy life and forget to be intentional with our faith. Being intentional to be faithful glorifies God and nourishes our spirit in Him. Knowing God allows us to live intentionally according to His plan for us by engaging in regular worship and prayer to bring Him the utmost glory.

Romans 12:2 reads, “Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is — his good, pleasing and perfect will.” Living intentionally keeps our focus on God and protects us from being overwhelm by the anxieties of the world that might cause us to forget.

### **Conclusion**

In every stage of our life, we can remain unwavering in living our lives in Christ, depending on Him, and intentionally living a life of faith. When we carry out these actions to abide in the Lord, we are trusting His plan and purpose for our lives. We are not living by sight but by the faith, and we believe the truth of God’s promise that we are saved through Jesus Christ, His Son.

We can bring glory to God in all circumstances by abiding in Him and bearing much fruit in line with His mission. Jesus said, “This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples” (John 15:8).

Abiding in the Lord brings peace, joy and love in our lives, it brings answers to our prayers, and fruitfulness in our service. The life that abides with the Lord is the abundant life

## THE CROSS OF CHRIST

Rev. K. Losii Mao

As good Friday and Easter Sunday approaches, it gives me immense delight to pen down few insights which has blessed me through my bible study, listening to preachers and reading of sermon texts. Much to my joy is that, once, the Roman's cross was a symbol of torture and shame but when it comes to the cross of Christ, it turned out to be a symbol of sacrificial love and grace that gives reconciliation, joy, hope, peace, and eternal life.

I have heard someone mentioned that the gracious God will never allow sinners to be cast into the horrendous hell. To that point, John Stott gives an insight by saying, *“The essential background to the cross, therefore, is a balanced understanding of the gravity of sin and the majesty of God. If we diminish either, we thereby diminish the cross.”*<sup>1</sup> That is it. If we don't understand the gravity of sin, then, we cannot understand the majestic grace of God. It's true that God cannot ignore sin and its consequences. God is love and He wills that every created image of God be with Him eternally in His glory. If He do not love His own created image, He is not love and He has no justice in Him.

Out of His love for the world, a just and compassionate God has to deal with sin once and for all. Yes, sin necessitate Jesus to hang on the cursed, torturous and most shameful Roman cross at that time, in order to pay fully the wages of sin, which is death. There is no other way except through His finished work on the cross to save sinners (Jn. 14:6). In fact, God demonstrates His power of love by sending His only Son, Jesus, to be hanged on the cross, be the Saviour of the world and to reconcile sinners with the Creator, those who believe in Him and of His finished work. God demonstrates His wisdom to the foolish whose minds are futile, by punishing His righteous and only begotten Son, to die on the cross so that the church can be the Bride of His Son; to become His children and to be with Him eternally. His death on the cross makes all the believers dead to sin and His resurrection from the death assures believers that they too will rise from the dead with Him (Rom. 6:8-11).

As we celebrate, let us be reminded that the blood of the cross of Christ has bought us love, mercy and peace; the fullness of God's blessings in our lives. Let's be thankful to the righteous God for loving us so completely by sending His Son, Jesus, to be our Saviour, that we can live a righteous and fruitful life by abiding in the Lord. God bless.

[1] John Stott, *The Cross of Christ* (Intervarsity Pr, Centennial edition, 27 April 2021), 111.

## ***Launch into the deep (Luke 5:1-5)***

Rev. Dr. Sut Khan Thang

It is a familiar passage and perhaps you might have heard someone delivering messages from this discourse or you might have preached several times. Moreover, I would like to share few thoughts concerning this particular topic.

**To launch net into the deep Peter had given important place for Jesus:**

1. He had proper connection with the Messiah. He experienced his dynamic power by healing his mother-in-law from fever (John 4:38-39). In order to launch nets into the deep the same knowledge is crucial for the so-called believers as well.
2. Peter had given permission for Jesus standing and using his boat for preaching good news so that people may see His divinity and accept Him personally. Allowing Jesus reigning or dominion over our profession as Peter did on his boat is pivotal. It is so easy for professing Jesus from our mouths, committing our hearts, but hard for surrendering our professions. Professing is easy but discipling is harder. We used to say yes lord and at the same time urge to fulfill our wishes. John the Baptist said, "He must increase, but I must decrease." John 3:30.
3. Jesus occupied the heart of Peter. So, Peter allowed Jesus' reigning or controlling his life. He agreed Jesus to be the number one of his lives, then eventually followed by his qualification, i.e. profession of fishing. Can we allow and do the same as Peter did to Jesus (services, offices, markets).

**Jesus would like to mould and sharpen frustrated ones for His own glory:**

1. Toiled (work hard) all night and have caught nothing, human efforts are null and void. Tried their best but not prosper or find success in business, shops, markets, education, and so become depressed and live in hopelessness condition.
2. Using all might, strength, and wisdom (skills) but still no prosper and success

3. Concrete understanding of their inability, incapability and inadequacy
4. Fix and focus only upon Jesus and not on their education, strength, and wealth
5. Remember (spiritual condition) that sinner save by grace alone
6. Moses said, "... but I am slow of speech and slow of tongue." Exo 4:10.
7. Jeremiah said, "Ah, Lord God! Behold, I cannot speak, for I am a youth." Jer 1:6.

To set aside human reasonings: George Müller said it well: "There is no glory for God in that which is humanly possible. Faith begins where man's power ends."

### **Jesus would definitely bless and use those who rely upon His Word:**

1. Nevertheless, a person admits weakness, shortcomings, and builds upon His Word
2. Acknowledges full submission upon His guidance
3. Fully confident upon the Savior and His leading
4. Professing trust solely upon the Creator of Heavens and Earth
5. Obedience brings success and fruition. According to the command, Word of Jesus Peter went out and tried casting his nets again.
6. We must make decision to launch (at his command):
  - a. Get out of the shallows
  - b. Set aside human reasonings and perceptions
  - c. Step out from the currently comfort zones with new perspectives
  - d. Obey Jesus even when it doesn't make sense. With Him, nothing is impossible.

Simon Peter was a fisherman by profession, and familiar with the sea of Galilee. He worked hard all night but caught nothing. Jesus, being a Carpenter, teacher, and not a fisherman but a builder commands Peter. So, he humbly steps on as per His directive that results the grand success which was so amazing.

Peter was overwhelmed that God would use him. Warren Wiersbe says of this moment, "Peter was humbled, not by his night of failure but by his astounding success; this is a mark of real character. If success humbles you, then failure will build you up."

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"Listen first - Listening to children and youth is the first step to help them grow healthy and safe"

### ***Some useful lessons from this passage:***

1. Jesus uses net as a metaphor for a new life for the purpose of spreading His message about the kingdom of God.
2. Jesus wishes to involve in a trouble, vulnerable or a dangerous situation or position that which could be beyond one's ability to resolve.
3. Jesus would like to institute a personal connection in order to build a close and stable relationship to produce more organic fruits.
4. Obedience to the Lord begets successful and healthy fruition which shall produce a lively one.
5. Let's increase our investments (one to two or more) for the Lord: Time, Prayer, Praise and Worship, and generous giving for the harvest is plentiful.

### **Conclusion:**

Put your net down into the deep water means you are asked to do your part, and then God will do his. Senate Chaplain Lloyd Ogilvie says it this way: "Without God we can't; without us he won't."

It is learned that God never gives foolish commands though they may look foolish at the time because it is beyond human imagination. Moreover, God's intention is to bless those who obey him without hesitation; and his greatest miracles usually require our cooperation.



## Reimagining Christian identity

*Ms. Helena TH*

The word "re-imagining" implies retrospection, introspection, reconstruction, etc. We have been Christians all these years, and suddenly the word "reimagining" pops up in our minds, only making me wonder, "Have we been imagining Christians wrongly so that we need to re-imagine and reconstruct it again?" Oh yes, when we look at today's society in which we live, our Christian conduct is utterly flawed, and we need to mend it to perfection as God is perfect according to the biblical teachings, and that exercise requires re-imagining what Christianity really is. Michelangelo famously said, "Trifles make perfection, and perfection is not trifles." Re-imagining Christian identity is not about doing or inventing something new; rather, it is about returning to the biblical roots, because when Martin Luther began to protest against the Roman Catholic Church, he was not trying to introduce something new into the system; rather, his entire effort was to return the church to the Bible.

Our identity as Christians must be solely based on the Bible, which emphasises truthfulness, justice, love, and chastity. But sad to say, today there is rampant corruption in every sector of society. Corruption does not mean money; it encompasses our thoughts, actions, and understanding of the given situation. Moses, despite being born into a Hebrew family, was raised by Pharaoh's princes; he was educated and enjoyed all the kingly zeal of the Egyptian empire, but he never forgot his Hebrew roots. He defended a fellow Hebrew from the cruelty of his Egyptian master. If we were in his place, we would not be ready to stoop to the status of slaves. Another example is Joseph, who was repeatedly tempted by his master's wife to gratify her desires, but he never succumbed to her seduction; instead, he chose to be falsely accused by his master's wife and ended up in prison, but he maintained his identity to his God.

Our identity as Christians must be based on truth. It is very difficult to stand on the truth in a society where democracy is reversed, i.e., the majority wins, but despite the circumstances, we need to uphold the truth because in truth there is a way and there is a life. Mahatma Gandhi once said, "I love your Christ but not your Christianity." It implies that as a follower of Christ, we have failed to uphold Christlike behavior in our everyday conduct because Christianity is not only defined by water baptism, becoming a member of a church, going to church services, and celebrating Christian occasions like Christmas, Good Friday, Easter, etc. But it is defined by the way we carry ourselves in our daily lives: loving, caring, free of a corrupt mindset, and not discriminatory. To be a Christian is to mend the broken system, but sadly, we Christians are very good at lamenting but never try to stand up and act boldly.

Jesus Christ came to this earth and stood against the social evils of his time. He was unafraid to stand up to the biased interpretation of Mosaic law against and adulterous women; he broke down cultural barriers of untouchability with the Samaritans by giving the women the living water; he cared for the sick, the physically challenged, and the poor while fighting against the hypocrites and pharisees who led to his death on the cross. Therefore, we, as Christians, need to finish the mission of God or die sacrificing. To identify ourselves as Christians is to be able to reflect Christ-like behavior in our daily lives. Let us re-imagine our Christian identity based on truth, justice, and integrity.



## OUR CHRISTIAN IDENTITY

# Understanding Holistic mission

Mr. Khiang Lelen Chothe

“The frog does not drink up the pond in which he lives”  
(An Indian proverb).

## Introduction

In the traditional understanding of mission from church center to cosmic centered-mission particularly soul winning. However, there is a paradigm shift taking place in the understanding of the mission. The scope of the mission has widened to include cosmic concerns. As Olivier calls for a redefinition of the concept of mission in the context of “interdependent and interrelated issues of justice, peace, and the non-human environment. The mission should save the earth from being destroyed and express solidarity with the neglected and marginalized. It calls for a commitment to the “renewal of society and the renewal of the earth.” The mission work then includes, as Abraham also noted, “Caring for the earth, struggling for justice and freedom for all and proclaiming the gospel to all people- all these three should be pursued together.” (V.J. John, 2002, pp. 304-305). Seeing the present scenario churches needs to rethinking or revisit their mission understanding for building Kingdom of God here on earth.

## Concept of Holistic Understanding of Mission

The word “Holistic,” is a derivative of Wholistic and deals with the total concept of Christ’s mission are all about – salvation to the whole of man- Physical and spiritual (M. Ezra Sargunam, 1992, p. 241). Christian mission is holistic because it is Christian participation in God’s holistic mission. Its purpose includes the redemption of souls for eternity, the transformation of personal and social life, liberation from sin, and from every kind of oppression and discrimination, plus the redeeming and transformation of the entire creation, by means of the spread of the kingdom of God (F. Hrangkhuma, 2007, p. 144).

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HIV can spread through unprotected sex with someone who has HIV, from an HIV infected mother to her child during pregnancy, delivery or breastfeeding, sharing needles, or other injection or skin-piercing equipment with someone who has HIV, transfusion with HIV-infected blood.

It can be understood that God's plan in the Bible is to unite Himself to a fallen humanity through Jesus Christ (Eph. 1:7-10) (Kelvin Washington, 2021). God's aim, as Wright put it, is 'to redeem the whole of creation, broken by sin and evil, into the new creation, populated by the redeemed from every culture, through the cross and resurrection of Christ.' Throughout the gospels, Jesus in his earthly ministry first of all 'incarnated himself' to redeem the fallen humanity, 'proclaimed' the Good News about 'Kingdom of God,' he 'demonstrated' God's power through performing miracles and 'expressed' God's love of humanity. He then made disciples and through his 'relational' ministry brought people in relationship with God. He also 'reached out' to the poor, oppressed and marginalized demolishing the dividing wall of hostility between human beings on the bases of race, caste, class, language, sex, and others, (Ronald Sider, Philip N. Olson, and Heidi Rolland Unruh, 2021). And the death and resurrection of him as fulfilling God's plan brought any kind of restoration and salvation that the world needs. (J. N. Manokaran, p. 288.)

## **Great Commission and its Significance of Holistic Mission**

The Great Commission in Matthew 28: 18-20 is a combination of both affirmation and a command. When Jesus affirmed that 'All authority in heaven and earth is given to me,' Jesus declared that he is the Lord of all creation and so whatever mission will include in fulfilling the Great Commission, Christian mission should not exclude the primal human mission, which was to exercise godly rule and stewardship over creation by serving and keeping it. (Chris Wright, 8 June, 2021).

So if the earth we live on is the property of Jesus, belonging to him by right of creation and redemption, we cannot separate our personal submission to Jesus as Lord from how we think about, and how we act upon the earth. We need to know that Godly use and careful stewardship of the resources of the earth, along with specific ecological advocacy and action, is legitimate dimension of Christian mission.

And also when Jesus commanded his disciples to "go and make disciples of all nations" he intended that his church should proclaim and participate fully in accomplishing God's mission (W. S. Milton Jeganathan, 2000, 163).

Aristotle stated, ‘The whole is more than the sum of its parts.’ And so, the basic understanding of holistic mission lies in the sum of all parts and this concept emphasizes that authentic mission is a comprehensive activity that embraces evangelism, forming communities of disciples, compassionate service, challenging injustice, stewardship of all resources including the environment. Holistic mission can also be called an integral mission as it integrates proclamation, evangelism, church planting, and social transformation into a seamless whole Christian mission (J. N. Manokaran, 2008, p. 287). It is a mission that embraces the whole of life, not just the so-called spiritual, but also the very tangible social and physical issues that human society faces in our fallen world. Holistic Mission was expressed in the life of Jesus Christ through his preaching, teaching, and healing ministry. (A. George Ninan, 2001, p. 15).

So, Holistic mission encompasses not only humankind but the whole creation. The Church is responsible to transform human beings as well as creation. The preservation of the natural resources of the earth, wildlife, forests, etc. is the need of the day. The stewardship of humans over other creations is not to dominate and exploit but to maintain the ecosystem. Christian mission has to engage itself in the preservation of the earth from destruction.

## **The Bible and Holistic Mission**

When we look into the Bible, Holistic Mission begins with creation in perfect harmony under the lordship of God and humans in relationship with their Creator as stewards of God’s creation. From the very beginning, it has always been God’s desire that everything is in perfect harmony, (Andrew Lalmangaiha, 2010, p. 22.) but when human beings committed sin, the impact was multi-dimensional. It brought spiritual fall, introduced physical weakness, shift in gender relationship, the ideal relation of companionship was replaced by power-equation, and the environment was also cursed (J. N. Manokaran, 288).

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HIV is NOT transmitted through tears, sweating, coughing or sneezing, caring for someone with HIV, touching or sharing objects such as toothbrushes, shaking hand or hugging, touching or sharing surfaces or objects such as toilets, dishes or clothes.

Jesus' works on earth, it is clear that he modelled a perfect example of holistic mission for the churches. Jesus' mission included both vertical (God's action in the life of individuals) and horizontal (human relationships in and with the world) dimension of mission (Norman Good all, 1988, pp. 317-318). His mission has been a model for correcting a one-sided understanding of holistic mission that weigh on either the vertical or the horizontal dimension of mission.

## **Conclusion**

When Jesus prayed 'Thy Kingdom come, Thy will be done on earth as it is in heaven,' Jesus implies justice, peace, health and wholeness on earth as it is in heaven. Hence the term Holistic Mission, which addresses all aspects of human and social life should seek not only to address problems of sin but also to address the fundamental root of all injustices and poverty in the individual and problems in the community, local, national, and international level. God's plan for God's people has always been that his church follows the Great Commission and the great commands 'Go and make disciples of all nations... teaching them to obey everything I Commanded you,' and 'Love the Lord your God and love your neighbor as yourself.' As we follow this, and the models of Jesus, we need to know and understand that God's plan for God's people through a holistic mission is to bring the kingdom closer on earth as it is in heaven and to let God's people experience heaven while still on earth.

Wati Longchar Says, "the church becomes micro-cosmos"(A. Wati Longchar, 2000, p. 316) it means that the church as an integral part of the micro-cosmos where the mission of the church cannot narrowly confine to human being alone but to commit oneself in God's cosmic mission. When the church actively participates in taking care of the whole God's creation that is basically rooted, then the church fulfils its obligation of continuing God's mission. Then, the church is said to be participating and continuing the holistic concern of God's mission. Christian mission must recognize to see the whole human and the total need of humans.

## You Are the Man

Mr. B. Liiduo Lanah

Generally, people ignore the misdeeds of those in power, due to fear or lack of courage or to seek favour or for some other reasons. However, in 2 Samuel 12:7-10, we see a different picture when Nathan indicts David for his untoward deeds. Such an indictment is very dangerous business and it involves high-risk, especially to address a king so cynical and desperate. But, Nathan responded keeping in mind his “call and commitment.” The prophet indicts the king through a parable (see 2 Sam. 12:1-6). The parable that the prophet uses is the right strategy as it permits the king to awaken his consciousness and draw his own unavoidable conclusion. King David could rightly discern the parable. However, what he does not discern is how the parable touches his own situation. After provoking David through the narration of the parable, Nathan emphatically declared: “You are the Man.” David is the one who had much and took the possession of the one who had little. He is the exploiter and the perpetrator of injustice.

The indictment depicts that, before pronouncing a sentence against the king, the Lord through His servant Nathan enumerates a host of benevolent actions He had performed on David’s behalf. He reviews the history of divine graciousness toward David – “A history dominated by giving, which is in contrast with David’s taking.” Nathan reveals four undeserved blessings bestowed upon David. 1) Positions – (he said) “I anointed you king over Israel.” 2) Protection – (he enumerated) “I rescued you from the hands of Saul. 3) Possession – (he declared) “I gave your master’s house to you.” 4) And royal prestige and privilege – (he reckoned) “I gave control over the house of Israel and Judah.” All these depict the dramatic symbols of David’s uncontested kingship and blessings that the Lord has bestowed upon him.

After providing a relational context describing how David had been so richly blessed and how favourable treatment he had been accorded over the years and the Lord’s deed of goodness, Nathan boldly made explicit the nature of the offenses committed by David. David had despised the word of the Lord by doing what was evil in His sight.

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TESTING can IMPROVE COUPLES COMMUNICATION! Give each other courage to test together, or apart and disclose; when two become one, they are open about health

He had made a mockery of the Ten Commandments, the central tenets of the Lord's covenantal relationship with Israel by committing the dual sin of murder and adultery. His transgression had not only violated his relationship with the Lord but it also had ravaged human relationships as well. When David sinned against the Lord by violating the covenant, he also had sinned against both Bathsheba and Uriah. He has despised the Lord and this was a dangerous language, for Saul was rejected as king because he had despised the word of the Lord.

David has been charged with committing adultery, murder and possessing a neighbour's wife, for which he is liable to be punished with death. Violence against Uriah is equal to despising the Lord. David had sinned egregiously, and the Lord must judge it. So, without waiting for a response from the stunned king, Nathan declared the penalties associated with David's offense. He announced the word of the Lord to him: "The swords will never depart from your house." So, because of his transgression, through Nathan, the Lord decreed that death would enter David's life as well (2. Sam. 12:10). The Lord says, "This dark judgment passage fated violence within David's family and the violence will visit David's own family." The story of David as it unfolds from this point forward is indeed violent and tragic. It includes the death of a child, an incestuous rape, a murder of revenge, a son's armed rebellion and son's subsequent death.

However, the shock of Nathan's dramatic accusation, "You are the man!" is almost equalled to David's immediate response to his sinful act: "I have sinned against the Lord." In the remarkable display of humanity, David confesses his guilt. David did not turn on Nathan nor reject Nathan's harsh words. He did not assert his authority or attempt to justify or deny his wrong doings. His confession came with immediacy, without denial and without excuse. He confessed and his confession was simple and genuine and the Lord's forgiveness was equally direct and unrestrained as well. Nathan announces that David's sin has been put aside. God's forgiveness can be as simple and direct as David's repentance. But the continuing claim of life made possible by David's response does not remove all consequences of sin as the tragic reverberations of his sin will continue to be felt in his family.

The theological interpretation of this very indictment tells us that many powerful people in powerful positions often think that they can define reality in their own terms. David had succumbed to the illusion of royal reality as ultimate authority. Because of this notion, Nathan had come to speak to him the truth that there is a divine reality before which royal reality is judged. This indictment is dangerous and costly at times.

But keeping in mind his responsibility as a prophet, it does not matter to Nathan whether the man to whom he charged is a king. He is doing what is right before the Lord for the Lord shows no partiality, but deals justly and equally with His people. The strong and the weak, the rich and the poor, powerful and the feeble are equal in His sight. God's favour to David does not overlook his evil deeds. Thus, the reality of the prophetic words of Nathan alludes to speak the truth.

Therefore, today's prophetic task is still to speak the truth of divine reality in a world that is obsessed with self-defining realities of political and economic power. If the community of faith would speak prophetically as a part of its ministry, then it must be willing to speak the truth in the presence of power. Such speech is dangerous but necessary. Nathan had to take the risk to speak to David and tell him the truth, and David responded immediately and said, "I have sinned against the Lord." If Nathan had not spoken the truth to David, he may not have realised his mistakes. But, sometimes speaking the truth to the powerful can be perilous. It will not always be David who stands before us. We see in the Bible where the response to prophetic confrontation of the king was not repentance. Ahab and Jezebel sought Elijah's life; Amos was asked to flee Judah by Amaziah and Jehoiakim held Jeremiah's words in contempt. The risk involve is real in prophetic ministry. Speaking the truth to the powerful is perilous and costly at times but it is necessary.

Today, it is sad to see that this kind of prophetic ministry is not very visible in our society. The community of believers indeed have been involved in the participation that creates brokenness and division. In our society today, many people want to please, especially the people in power to receive favours. Very few people are ready to stand and speak the truth in cases where the persons involved are powerful and influential. The community of faith is failing to speak the truth and this has led Gnana Robinson, the former principal of the United Theological College, Bangalore to opine, "When a 'speck' is found in the eyes of the defenceless/weak, people make a hue and cry of it and demand justice. However, when a 'log' is found in the eyes of the powerful and the rich, many tend to keep quiet and nod their heads in passive acceptance." So, there is an urgent need to change this attitude in our contemporary society. In this, the church as a community of faith can play a vital role by regaining its prophetic ministry and respond to the call and commitment to follow Christ's footstep. It may be a dangerous business but it is worth risk taking.

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If you are living with HIV, make sure your sexual partners and children get tested.

## **Bible Study Method 3**

### **Thematic Method of Bible Study:**

Biblical students always remember to ask the hermeneutical questions of the text—what, when, where, who, why, and how. After posing these questions on the original text, we must constantly consider how the message applies to us today.

The Thematic Method is similar to the Topical Method, but in Thematic Method we need to choose not only a word but a theme, such as, “the Kingdom of God in the New Testament,” “Prophecy in the book of Revelation,” or “the Cost of discipleship,” etc. Having selected the theme for study we need to have some questions related to the theme. Rick Warren thinks asking five questions are enough for a theme. Keeping these questions in mind we run through the Bible or a selected section of the Bible to trace the references on the theme using those questions raised. Then summarize the idea and finally, recommend its applicability today. A theme can be curved out from a topic but in a thematic study we confine with the passages that speak of the theme. Rick Warren advises that we make a list of the selected verses related to the theme, each of these verses be examined keeping the selected questions in mind.

## **TOOLS**

Using an exhaustive concordance, we can make a list of every word that relates to the theme. However, some of the basic tools are:

- A Study Bible (like the Thompson Chain Reference, Dake’s Annotated Bible, and other such cross-reference Bibles). However, your favorite version can be chosen.
- An exhaustive concordance like that of Young’s. Some Bibles are with concordances and dictionaries that provide basic tools.
- A topical Bible, like the NIV Topical Bible, or other such Bibles with topical arrangements of the topics in the text.
- A good Bible Dictionary.

## **TIPS ON DOING THIS METHOD (R. WARREN)**

Rick Warren had provided the following suggestions on how to prevent the temptation to stray from the study of the theme:

- To do justice to the theme, ask only about three to five questions.
- Sometimes, we should limit our inquiries to just one question, such as, "What are the things that God detests? Or, what according to Solomon (book of Proverbs) brings poverty? Etc.
- Sometimes a verse we have selected may not have the answer to all the questions we have selected. If that happens, leave that answer space blank and go to the next question.
- If all the verses that we choose do not contain any answer to our questions, then we could rephrase our query and ask the right question.
- If we want to know everything that God said about a certain topic, we need to use an exhaustive concordance like those of Young's or Strong's to see all the words related to our theme.

## **STEPS**

As mentioned earlier we will need to begin with certain questions like one or more of those investigative relative pronouns – What, Why, When, How, Where, and Who? Each of these questions can again raise several related questions to establish the significance of the theme. For instance, in the study of "Anger in the New Testament" the first question 'What?' can be used to ask, 'What is anger?' 'What causes anger?' 'What are the characteristics of angry person?' 'What are the consequences of anger?' And 'What can help managing with anger?' So also, with the rest of the remaining five inquisitive questions.

### **Step 1: Choosing a Theme to Study**

Choose a theme of your interest. If this is your first time you can start with a small or short theme.

## **Step 2: List All the Verses You Intend to Study**

Using the study tools, make a list of all the verses related to the chosen theme. Include also the synonyms of the chosen theme using the concordance. For a shorter study you can select some of the basic concerns only from the whole list.

## **Step 3: Decide on the Questions You Will Use**

Find out what are some of the things you are interested to know from this theme and make a list of those questions.

## **Step 4: Ask Your Question on Each Reference**

Read through your references and ask your set of questions of each verse. Write down the answers you find on a sheet of paper. If you do not find any answer leave that part blank and see if you need to reframe your question more appropriately.

## **Step 5: Draw Some Conclusions from Your Study**

After consulting all the references and found your answers from them go back and summarize the answers to each of your questions. You may organize your study into an outline by grouping similar verse together and turning your questions into the major divisions of the outline. That way it will be easy for you to share the insight you gained on the theme. That insight can be shared with your Bible study group, your students and your congregation.

## **Step 6: Write out Your Personal Application**

Write out a personal guideline that is practical, possible, and measurable, to put into practice what you have discovered, and make it real in your life. You could follow the well-known SMART method of applying your resolution:

Make it SPECIFIC  
Make it MEASURABLE  
Make it ACHIEVABLE  
Make it RELEVANT  
Make it TIMELY



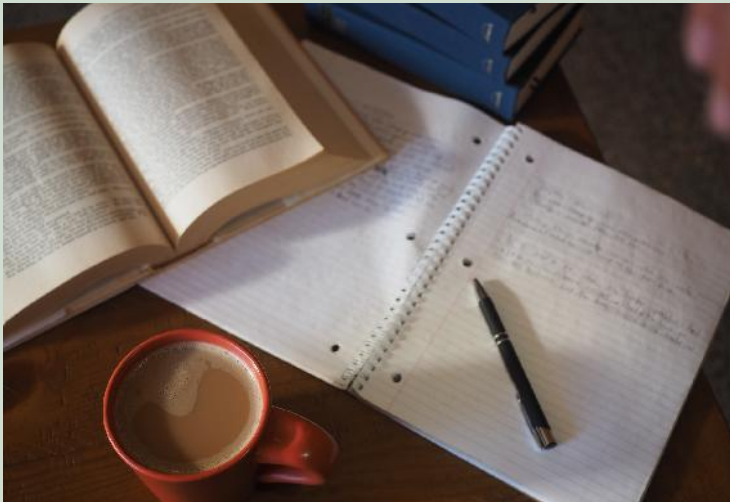
## **EXERCISE**

The theme for study: “Obedience in the New Testament”

Look up for other related words like, obey, obedience, keep, commandments, do, abide, etc. Then ask the following questions:

1. Why is obedience important?
2. What are the results of obedience?
3. What are the results of disobedience?
4. How am I to obey God?

Other themes like: ‘Finding the will of God,’ ‘The Prayers of Jesus’; ‘The Ministry of Reconciliation in Pauline Writings,’ etc. can be used for such exercise.



### **MBC SUNDAY SCHOOL TEACHERS' TRAINING (20th January, 2023)**

Training Sunday school teachers has a lot of advantages. Even a few hours of training can make a significant difference in our Sunday school teachers because many of them—possibly even the majority—have not undergone professional teacher training. Our teachers themselves need a spiritual teacher as well; the training enhances their personal walk with the Lord. They cannot help but have an effect on the students in their class as God changes their lives!

Teachers who have received some training in educational theory have typically been instructed how to impart material to the mind and head, such as biblical facts, concepts and theology. However, these teachers often don't know how to teach the heart. They may be competent at educating the mind, but less so at preparing and teaching lessons that alter the values, attitudes, views, priorities, prejudices, will and commitments of their students. One of the main advantages of training Sunday school teachers is equipping them to change the heart of the students.

During the training, teachers are reminded how to apply previously acquired teaching methods and strategies. While more experienced teachers are reminded of concepts they may know but do not frequently apply, new teachers benefit from learning knowledge that is fresh to them. The concepts become second nature as our teachers discover many applications for them, and subsequently, our churches will have a reputation for having excellent Sunday school teachers.

The MBC Sunday School Teachers' Training was held at MBC Shalom Hall on the 20th of January, 2023. Mr. Mayang Longkumer, the North-East Coordinator of Onehope International Organization taught the 59 (fifty-nine) Children Sunday School Teachers from various Associations of MBC.

The training, including practical exercise was divided into three sections.

#### **Section 1: Children's Advocacy (Proverbs 22:6)**

This section dealt on why we need to invest in the future generation. Taking a look at statistics and the Bible to see what they had to say about children and their importance in the future. The teachers were taught why it was important to minister to children.

Research shows that more than 70% of Christian come to Christ before the age of 14, the best time to reach a child is between the age of 4 - 14. All the moral values they learned during that time are locked into their DNA. Over 40% of the world's population is under the age 18 years and in some countries, youths comprise over 50% of the population.

## **The teachers were made to reflect “Who is our harvest?” (Matthew 9:37-38)**

The “Harvest” includes children as they are the future generation. They should be our first priority to attempt, as God calls children for special reason. “Childhood is a window of opportunity.” The brain of a child can absorb like sponge, they are trying to understand the world around them. Providing the children with the right tools and teaching them how to use them is very important when it comes to their spiritual development. Moral development is a slow process and takes time so we should teach about it before it’s too late as faith comes easily for children. God commands us to teach children for He calls children to do His work.

### **Section 2: Knowing Yourself as a Teacher**

In the second section, the trainees were reminded what the Bible says about the teaching ministry?

- Teaching children is a great responsibility and should be taken seriously.
- Teachers are moulding and shaping a child’s view of God.

### **What does the Bible say?**

I. GIFT (Ephesians 4:11-12), God has given gifts to people who are to use them for the edification of the church.

II. ARROW (Proverbs 22:6), *Direction* - Teachers should be as an arrow giving direction to the children. *Target* - letting the children know who Jesus is as they are the way maker. *Locate* – locating their direction.

III. BIBLE (Romans 10:14), hold the bible while teaching and sharing the Word of God. Teachers should learn and know the story before teaching.

IV. TORCH (Matthew 13:52), lighting up the way and instructing them and bringing new understanding. The responsibility of the teacher is to give new identity to the child and change the old one to new.

V. **HUMBLE** (John13:13-14), humility and service for others – this is to love someone else, to care for someone else, to do the unexpected, to take the place of a servant for those you love.

VI. **BINOCULAR** (Ephesians 3:17-18), see clearly in Christ by acting as binocular; reaching the unreachable and seeing the unseen clearly and nicely; to see nearer and clearer about Christ.

### **Section 3: Characteristics of a Child**

In the third section, the training delt on who children are at different stages of their lives and how they learn best.

#### **How do they learn best?**

The children will remember:

- 10% of what they read (reading)
- 20% of what they hear (hearing words)
- 30% of what they see (seeing)
- 50% of what they see and hear (watching movie, looking exhibit, watching a demonstration, seeing it done on location)
- 70% of what they say (practicing in a discussion, giving a talk)
- 90% of what they say and do (doing a dramatic presentation, simulating the real experience, doing the real thing)



#### **Conclusion**

All glory and honour to God, the Almighty for everything, and to Onhope International Organization for the training. We received good feedbacks from the participants of the training. MBC would continue to conduct Sunday School Teachers' Training every year in the beginning part of the year.



# Reports

## 1. MISSION DEPARTMENT FASTING AND PRAYER PROGRAM



According to the MBC journal calendar, the Community Development Worker and staff of the Mission department participated in a fasting prayer on January 18, 2023. It was a moment to reflect on God's faithfulness in the past and to look forward to what God would do through His servant in winning souls.

## 2. OFFERING BOX MISSION PARTNER GET-TOGETHER

On February 11, 2023, Mission Offering Box Partners in the Imphal region met in the presence of MBC cabinet secretaries. The program's goals are to introduce participants, foster friendship over lunch, and inspire partners to continue working together for the advancement of God's kingdom. There were 18 programme partners present.



## 3. MASTER'S TRAINERS TRAINING



The Concern Secretary and staff from the MBC Mission Department attended the Master's Trainers Training, which was organised by CBCNEI in collaboration with Mission India, from February 16 to 18, 2023, at the CBCNEI mission compound in Guwahati. The primary goal of this programme is to train people to train others for the purpose of church planting.

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Early treatment allows people living with HIV to have a long, healthy, productive life and protects their partners and children from getting HIV.

## 4. BAPTISM PROGRAMME

Rev. Sut Khan Thang,  
Mission & Evangelism  
Secretary, baptised three  
people on February 24, 2023,  
at his quarter premises: Mr.  
Abraham, Mrs. Lata  
Maisnam, and Ms. Moheni  
Maisnam.



## 5. NINGOL CHAKKOUBA



Ningol Chakkouba was hosted  
by MBC on November 8,  
2022, at the MBC Center  
Church in Imphal. There  
were over 600 people in  
attendance. Everyone ate  
lunch, and the gifts were  
distributed to all of the  
ningols as a gesture of love.  
Under the theme "A wife of  
noble character," Rev.  
Timothy Phaomei, a former  
pastor at the MBC Central  
Church, graced the event.



## 6. ICT TRAINING



MBC's Mission Department successfully ran the third module of the Institute of Community Transformation (ICT) from March 1 to March 6. This module covered evangelism methods, communication skills, pastoral care & counselling, stewardship & servanthood leadership, and discipleship.

Distribution of quilt to Dorcas inmates from CASA



Dorcas Compassion Home 17th Foundation day, Sunday 26th February, 2023

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ART is GOOD FOR YOU! -- Your life matters! Live productive, strong & long -- with HIV treatment for life!

## **Youth Leadership Training**

### **Shalom Hall, MBC**

### **8-9 February 2023**

The Youth Department of MBC, in collaboration with the Tangkhul Theological Association, held two days of youth leadership training at Shalom Hall, MBC, on the 8th and 9th of February (TTA). The training was attended by 52 youth leaders and young people in total. Rev. Dr. Wungramthan Shongzan, Rev. Rajan Shadang, and Mr. Soreingam Raingam served as Resource persons. The training was designed to prepare and equip young, qualified leaders to serve as servant leaders in their organisations, churches, and communities.

The first session of the training began with an evaluation of the leadership training that was held the previous year (2022) at the TTA Office in Ukhrul, after which Rev. Rajan Shadang collected personal problems faced by the young leaders as well as expectations of the training from the participants. Rev. Dr. Wungramthan Shongzan presented three types of problems to determine and analyse them: 1. A widespread issue 2. A Situational Issue 3. An existential issue. Following the discussion and analysis, he encourages the participants to be courageous and face all problems with the strength of God, who enables them to overcome all of today's difficulties.

Rev. Dr. Wungramthan Shongzan gave a presentation on the "Servant Leadership Model" in the second session. "A leader is someone who has followers; otherwise, he or she is just walking," he asserted. Leaders must be aware of the number of people who admire, admire, and willingly follow them. The best example is Jesus, who has a sizable following that he has, has, and will continue to have. He urged the attendees once more to put the theories and practises of leadership into practise. He explained that in order to be an effective leader, one must possess certain traits, such as humility, sacrifice, a servant mentality, self-denial, forgiveness, love, etc. He cited passages from the gospel of Mark 10:3-45 and Paul's letter to the Philippians 2:1-11.



Rev. Dr. Wungramthan Shongzan spoke on the second day of training about "outcome-impact orientation" (OIO). OIO is necessary for all programmes. He claimed that for any programme to be successful, leaders must be skilled at approaching young people. Leaders must understand the social context in order to do so. He went on to say that action without reflection is pointless because action with reflection provides direction. To achieve a positive impact, monitoring, consistency, and care are required.

Rev. Rajan Shadang led the last training session on "Plenary and Action Plan". He emphasised the importance of growing a ministry by developing critical action plans for dealing with larger issues. The entire training session left a strong impression on the participants. The participants expressed their joy and stated that the two days of training were truly eye-opening. They also express a desire to hold this type of training in the near future.



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BE SMART! REALIZE YOUR DREAMS by taking ART every day!

24th January, 2023 at Phaipi Baptist Church,  
Chandel District



One-Day Capacity Building on Conservation and Management of Natural Resources and Value Addition of Non-Timber Forest Products (NTFPs) were held on

Project Title: “Promoting Conservation of Declining Life Support Forest tree Species in the Himalayan with Special Reference to Manipur” under NMHS in collaboration with Forest Department, Government of Manipur



1st February, 2023 at Machi Baptist Church, Tengnoupal District

13th February, 2023 at MRNBA Conference Hall, Senapati District



25th February, 2023 at Shungriphei Baptist Church, Kamjong District



Monitoring & Evaluation on two sites of *Elaeocarpus Floribundus* (wild olive) Tarao Laimanai (Butrol) Village, Tengnoupal District, was held on 23rd February 2023

*Certificate of Appreciation from Forest department, Government of Manipur for successful implementation of the NMHS project to MBC*



**Government of Manipur  
Office of the Additional Principal Chief Conservator of Forests  
Working Plan, Research & Training  
Forest Department: Manipur**

**CERTIFICATE**

This is to certify that MANIPUR BAPTIST CONVENTION (MBC) has satisfactorily implemented the project “ Promoting Conservation of Declining Life Support Forest Tree species in the Indian Himalaya with special reference to Manipur” as project partner by planting  $1540 \times 150 = 2,31,000$  wild fruit saplings of *Emblca officinalis*, *Docynia indica*, *Choerospondias axillaris*, *Myrica esculenta*, *Prunus napaulensis* and *Elaeocarpus floribundus* in 150 units of wild fruits demonstration plots equivalent to 150 hectares of land across several Districts of Manipur State under NATIONAL MISSION ON HIMALAYAN STUDIES. The project was successfully carried out in association and under the supervision of the Research, Silviculture & Training Division, Forest Department, Government of Manipur during the Financial year 2020-2021, 2021-2022 and 2022-2023.

The Department is grateful to MANIPUR BAPTIST CONVENTION (MBC) for their pro-active role and sincere commitment in implementing the project.

(N. Sonzalian)

Addl. Principal Chief Conservator of Forests  
Working Plan, Research & Training  
Government of Manipur

Imphal, the 20<sup>th</sup> January, 2023.

## **Building Local Capacity for Peace in Manipur Funded by CEDAR Fund, Hongkong**



**5 Days Training of Trainer (TOT) held at MBC Training Hall from 22nd – 26th November, 2022**



**Two Days Peace Workshop for Youth Leaders of Chandel & Churachandpur District were held on 23rd & 24th 2023, January at District Headquarters Baptist Church, Chandel District, and 21st & 22nd of February at SIMTE INN, Simveng, Churachandpur District.**



**4th March, 2023 at TBCA Conference Hall, Ukhrul District, Manipur**



**Peace Soccer match for MNBCA Youth Leaders was held on 27th Feb. 2023 at SBS Turf Ground, Molnoi, Pallel.**



Resource Person:  
Mr. David Kamei  
SMS-Plant  
Protection

A one-day mushroom cultivation training for 20 CBOs and 13 SHGs was held on 1st February 2023 in collaboration with Krishi Vigyan Kendra (KVK), Senapati Hengbung HQ. There were 43 people who took part (23 men and 20 women). Under the Project Title: “Strengthening Community Action for Development in North east India. Funded by “Bread for the World”

Resource Person:  
1. Mr. Besii Sol Chalai  
(Chief Bank Manager)  
2. Mr. Simon Peter  
(Lead Bank Officer)



In collaboration with SBI Senapati, a one-day workshop on Financial Literacy, PMJJBY & PMSBY, and other related Social Security Schemes was held on 14th Feb 2023, at the MRNBA Conference Hall in Senapati District. There were 63 people in attendance (24 males and 39 females)



A one-day microfinance awareness programme was held on 28th Feb, 2023 at MRNBA Hall Conference Hall and Senapati District Headquarters. The programme had 31 participants (15 male and 15 female).

Resource Person:  
Mr. W. Wungreiyu (SEAT NGO-Branch Manager)



MBC Visit to TBCA



MBC Visit to STNBA



MBC Visit to LNBA-M

# MBC UPDATES

All children with HIV can take treatment, and most children who start ART right away can look forward to growing and developing normally, going to school, and making friends.

## Renovation of MBC Office premises



## MBCCCI Annual Sports Meet. 2023



MBC UPDATES

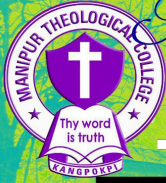
HIV treatment facilities are available for free at district hospitals/CHCs/PHCs.  
For more details refer to directory on page 39–41



# MBC UPDATES



If you have any query about HIV / AIDS or ART, simply dial 1097 or download 'NACO' mobile application or visit [naco.gov.in](http://naco.gov.in) 39



# Manipur Theological College

Mission Compound, Kangpokpi Manipur

## **Admission Notice** (For the Academic session: 2023-2024)

Applications are invited from committed young men and women who want to study theology.

### OUR FEATURES

1. Affiliated Senate of Serampore College
2. Collaboration with Martin Luther Christian University, Shillong & Hoseo University, South Korea
3. Well-equipped Library with over 15,000 Books and scholarly Journals
4. Well-Qualified Faculty and Ministerial Experience
5. Students from Diverse Culture and Linguistic Background
6. Intellectually and Spiritually Stimulating Campus

### Courses we offer –

Bachelor of Divinity (B.D.) Under Senate of Serampore College

Master of Theology (M.Th.) & Master of Divinity (M.Div.)

In Collaboration with Martin Luther Christian University

Doctor of Ministry (D.Min.) In Collaboration with Hoseo University, South Korea

Last Date of Application Form Submission: **10th May, 2023**

#### Date of Entrance Test

M. Th.	:12th May 2023
B. D. & M/Div.	:16th May 2023
D. Min.	:30th May 2023

Application form can be obtained from College office or MBC office, Imphal. Or you can download from [www.mtcedu.in](http://www.mtcedu.in)

#### Contact us

E-Mail: [mtckangpokpi@gmail.com](mailto:mtckangpokpi@gmail.com)

Ph.nos.: 8730860642, 6009564456, 8732020583

Please NOTE

If you perceive yourself at risk of getting HIV, make sure to get tested. 40

## TrBA 1st Pentennial Fellowship February, 2023



2nd Quinquennial Fellowship, KRBCA, CRBCA, KBA, KBCA February, 2023



LNBA 8th Triennial Fellowship February, 2023



As a first step to a healthy life and a healthy family, plan and get tested for HIV.

MBC ASSOCIATIONS UPDATES

TNBA 10th Triennial Fellowship March, 2023



ANBA for  
your 3rd  
Triennial  
Fellowship



SBA, Triennial  
Fellowship  
February, 2023



MBC ASSOCIATIONS UPDATES

# Association Change of Guard

## MBA

- Rev. Khamba, Executive Secretary

## STNBA

- Rev. A.S. Thangmeiso  
Mission & Evangelism Secretary

## MYNBA

- Rev. Titus Ngoruw Moyon  
Mission, Finance & Youth Secretary, Incharge

## TBA

- Rev. SM Haopu, Executive Secretary
- Rev. Paominlen, Mission & Evangelism Secretary
- Rev. Jangneimang Kipgen, Youth Secretary
- Pastor Kaigoulun Lhouvum, Finance Secretary
- Rev. Rev Lunlal Kipgen, Development Incharge

## TrBA

- Rev. Kotha Khulan, Executive Secretary  
Mission Secretary Incharge

## LNBA

- Rev. DB. Rengnong, Executive Secretary
- Rev. LV. Samuel, Finance Secretary
- Mr. Sk. Bering, Youth Secretary
- Mr. KH. Johnny, Mission Secretary
- Ms. TH. Premila, Women Secretary

## Messages of Hope

Engaging Faith Communities: Faith leaders from the front lines of their communities can change the course of HIV for their entire nations, by reaching the congregation with messages of hope

### Messages of Hope

1. CELEBRATE HEALTH in body and soul!
2. STAND together in health for body and soul, as we pursue our dreams for ourselves, our families, our congregation, our nation!
3. Say yes to life, say no to drugs! Choose life.
4. Drug use disorders are preventable and treatable”.
5. “Listen first – Listening to children and youth is the first step to help them grow healthy and safe”
6. Value yourself. Make Healthy Choices
7. WE RAISE A VOICE OF HOPE! – with open arms to those living with HIV!
8. HIV stands for Human Immunodeficiency Virus.
9. HIV can spread through unprotected sex with someone who has HIV, from an HIV infected mother to her child during pregnancy, delivery or breastfeeding, sharing needles, or other injection or skin-piercing equipment with someone who has HIV, transfusion with HIV-infected blood.
10. HIV is NOT transmitted through tears, sweating, coughing or sneezing, caring for someone with HIV, touching or sharing objects such as toothbrushes, shaking hand or hugging, touching or sharing surfaces or objects such as toilets, dishes or clothes
11. If you perceive yourself at risk of getting HIV, make sure to get tested.

12. As a first step to a healthy life and a healthy family, plan and get tested for HIV.
13. TESTING can IMPROVE COUPLES COMMUNICATION! Give each other courage to test together, or apart and disclose; when two become one, they are open about health
14. REMEMBER THAT CHILDREN CAN GET HIV, TOO.
15. If you are living with HIV, make sure your sexual partners and children get tested.
16. If you are caring for children affected with HIV after one of their parents died, be sure they get tested for HIV, too!
17. HIV testing facilities are available for free at district hospitals/CHCs/PHCs. For more details refer to directory on page 47-49.
18. What is AIDS? AIDS stands for Acquired Immunodeficiency Syndrome.
19. The treatment for HIV will prevent progression to AIDS.
20. Antiretroviral therapy (ART) is recommended for everyone who has HIV. People with HIV should start taking it as soon as possible.
21. HIV TREATMENT PROTECTS YOU AND THOSE YOU LOVE!
22. ART involves taking a combination of HIV medicines everyday.
23. Early treatment allows people living with HIV to have a long, healthy, productive life and protects their partners and children from getting HIV.
24. ART helps people with HIV live longer, healthier lives but it cannot cure HIV.
25. ART is GOOD FOR YOU! -- Your life matters! Live productive, strong & long -- with HIV treatment for life!
26. ART is GOOD FOR YOUR FAITH! - The COMMUNITY needs you, so live well with ART -- start treatment at once and stay on treatment every day!

27. BE SMART! REALIZE YOUR DREAMS by taking ART every day!
28. EVERYONE LIVING WITH HIV DESERVES TREATMENT RIGHT NOW!
29. Treatment is free for all and it works.
30. All children with HIV can take treatment, and most children who start ART right away can look forward to growing and developing normally, going to school, and making friends.
31. Sometimes as babies, from their mothers -- so if it's possible the parents of someone you know may have HIV, it's good for their children to get tested! Free ARTs will keep them healthy for life! A viral load test measures how well a person with HIV is responding to treatment by looking at how much HIV is present in their blood.
32. If a person takes ART every day as prescribed, the amount of HIV in blood will go down to a level that the viral load test cannot detect it, this is called "undetectable viral load".
33. HIV treatment facilities are available for free at district hospitals/CHCs/PHCs. For more details refer to directory on page 47-49.
34. Having an undetectable viral load ensures that a person living with HIV will not transmit HIV to their sexual partners.
35. Being undetectable means that their medicine is working but not that a person's HIV is cured.
36. A long, healthy life is possible with regular ART and an undetectable viral load.
37. Remember HIV is NOT transmitted through tears, sweating, coughing, sneezing, caring, touching, sharing objects, shaking hand or hugging
38. If you have any query about HIV / AIDS or ART, simply dial 1097 or download 'NACO' mobile application or visit [naco.gov.in](http://naco.gov.in)

## Directory: ICTC and ART Centers, Manipur

Name of ICTC Facility	District
RIMS ( ICTC & PPTCT), ICTC CHC Sekmai, ICTC CHC Wangoi, ICTC PHC Khumbong, ICTC PHC Mayang Imphal, ICTC Meitei Leimarol Sinai Sang, Raj Polyclinic, Maipakpi Maternity & Child Hospital, Shija Hospital Langol, ICTC Suba Hospital, Langol View Clinic	Imphal West
District Hospital Ukhrul ( ICTC & PPTCT), Mobile ICTC, Leishiphung Christian Hospital	Ukhrul
PHC Phungyar, PHC Kasom Khullen, CHC Kamjong	Kamjong
District Hospital Thoubal ( ICTC & PPTCT), CHC Yairipok, CHC Heirok, PHC Lilong	Thoubal
CHC Sugnu, CHC Kakching	Kakching
District Hospital Tamenglong (ICTC & PPTCT), Mobile ICTC, , PHC Tamei	Tamenglong
PHC Noney, CHC Nungba	Noney

## Directory: ICTC and ART Centers, Manipur

Name of ICTC Facility	District
Senapati District Hospital ( ICTC & PPTCT), Mobile ICTC, CHC Mao	Senapati
PHC Motbung, CHC Kangpokpi, PHC Saikul	Kangpokpi
ICTC Jiribam	Jiribam
JNIMS Hospital ( ICTC & PPTCT), ICTC CHC Sagolmang, Mobile ICTC, Catholic Medical Hospital	Imphal East
Moreh Hospital	Tengnoupal
District Hospital Chandel ( ICTC & PPTCT), Mobile ICTC	Chandel
District Hospital Churachandpur ( ICTC & PPTCT), Mobile ICTC, PHC Saikot, PHC Singhat, Lamka Nursing Home	Churachandpur
CHC Parbung	Pherzawl
District Hospital Bishnupur (ICTC & PPTCT), CHC Nambol, CHC Moirang, PHC Kumbi, PHC Ningthoukhong	Bishnupur



## Directory: ICTC and ART Centers, Manipur

Name of ARTC Facility	District
ART Centre RIMS Lamphel	Imphal West
ART Centre CHC Moreh, MSF Moreh	Tengnoupal
ART Centre District Hospital, Tamenglong	Tamenglong
ART Centre District Hospital, Senapati	Senapati
ART Centre District Hospital, Bishnupur	Bishnupur
ART Centre District Hospital Churachandpur, MSF Churachandpur	Churachandpur
ART Centre District Hospital, Chandel	Chandel
ART Centre District Hospital Ukhrul	Ukhrul
ART Centre District Hospital Thoubal	Thoubal
ART Centre JNIMS Porompat	Imphal East

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